



# Brown CG Zoom Session

Prayer  
May 24, 2020

## I. Starter Discussion:

- Does seem like we never have enough time to pray? Are we satisfied with our prayer life?
- Why does it seem that all kinds of things seem to interfere or replace our time that we had planned or longed to pray?
- Does our prayer life seem to devolve into a long laundry list of things we need when things are not going well as opposed to strengthening our relationship with God?

## II. Discussion:

During these times of stress and turmoil, we should slow down, rest, worship, and connect with God through prayer. As CS Lewis wrote, "I pray because the need flows out of me all the time, waking and sleeping. It doesn't change God, it changes me". Setting our priority on communication and relationship with God through prayer will change us. It changes how we interact with others, how we view hardships and successes, how we relate to our spouse, how we view work and how we navigate each day. It affects every aspect of our lives. God matters and praying to God matters. We were made for a relationship with our creator that has existed for eternity. Prayer is that intimate form of communication with God.

## III. Scripture:

Praise:

**Psalm 103:1-4**

***1 Bless the LORD, O my soul, And all that is within me, bless His holy name. 2 Bless the LORD, O my soul, And forget none of His benefits; 3 Who pardons all your iniquities, Who heals all your diseases; 4 Who redeems your life from the pit, Who crowns you with lovingkindness and compassion***

Wait:

**James 5:7-8**

***7 Therefore be patient, brethren, until the coming of the Lord. The farmer waits for the precious produce of the soil, being patient about it, until it gets the early and late rains. 8 You too be patient; strengthen your hearts, for the coming of the Lord is near.***

Intercede:

**Hebrews 7:24-25**

***but Jesus, on the other hand, because He continues forever, holds His priesthood permanently. 25 Therefore He is able also to save forever those who draw near to God through Him, since He always lives to make intercession for them.***

Petition:

**Hebrews 4:14-16**

***14 Therefore, since we have a great high priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. 15 For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin. 16 Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.***

**Sing:**

**Colossians 3:16**

***Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms and hymns and spiritual songs, singing with thankfulness in your hearts to God.***

**Listen:**

**Revelation 3:20**

***20 Behold, I stand at the door and knock; if anyone hears My voice and opens the door, I will come in to him and will dine with him, and he with Me.***

**Worship:**

**Revelation 4:11**

***11 "Worthy are You, our Lord and our God, to receive glory and honor and power; for You created all things, and because of Your will they existed, and were created."***

**Revelation 22:13**

***13 I am the Alpha and the Omega, the first and the last, the beginning and the end."***

**IV. Group Discussion Questions:**

1. Praise - As we consider our prayer life, what percentage of your prayer time do you think is given to praise and adoration?
2. Wait - Why do you think we sometimes struggle with God's timing or His delays?
3. Intercede - What is intercession? What is the difference between prayer and intercession?
4. Petition - How did Jesus model petition in prayer?
5. Sing – Why is singing so important as part of our prayer life?
6. Worship song that holds a special meaning to you?
7. Listen - What are some characteristics of good listening? How do some of these relate to listening to God's voice?

**V. Responding in Prayer:**

Each person has unique needs, perspectives, desires, successes, and failures. Pray for God to speak to each person through relationship in prayer. Pray for each other, our church, friends, family, and coworkers. Pray for those who may have hurt you; for forgiveness and healing. Pray Christ is the focus of our daily lives, regardless of the circumstance. May we, through prayer, find relationship and rest in His sovereignty and will for us. Seek the kingdom of God above all else.