



## Brown Community Group Zoom Guide

The Lord is my Fortress

April 5, 2020

### **Psalm 91**

***1 Live under the protection of God Most High and stay in the shadow of God All-Powerful. <sup>2</sup> Then you will say to the Lord, “You are my fortress, my place of safety; you are my God, and I trust you.” <sup>3</sup> The Lord will keep you safe from secret traps and deadly diseases. <sup>4</sup> He will spread his wings over you and keep you secure. His faithfulness is like a shield or a city wall. <sup>5</sup> You won’t need to worry about dangers at night or arrows during the day. <sup>6</sup> And you won’t fear diseases that strike in the dark or sudden disaster at noon. <sup>7</sup> You will not be harmed, though thousands fall all around you. <sup>8</sup> And with your own eyes you will see the punishment of the wicked. <sup>9</sup> The Lord Most High is your fortress. Run to him for safety, <sup>10</sup> and no terrible disasters will strike you or your home. <sup>11</sup> God will command his angels to protect you wherever you go. <sup>12</sup> They will carry you in their arms, and you won’t hurt your feet on the stones. <sup>13</sup> You will overpower the strongest lions and the most deadly snakes. <sup>14</sup> The Lord says, “If you love me and truly know who I am, I will rescue you and keep you safe. <sup>15</sup> When you are in trouble, call out to me. I will answer and be there to protect and honor you. <sup>16</sup> You will live a long life and see my saving power.”***

- Meditate on this Scripture
- Questions
  - Why are we asked to trust in God?
  - What does God list as the benefits or protections by trusting in Him?
- Praying this Psalm for our own Lives and Times
- Final Thoughts
  - The one who trusts calls out to God, and He promises to answer us
  - God’s presence and protection is ours for the asking
  - Will we take advantage of the free offer?